# CHALK TALK

The Official Newsletter of Sylvania Northview High School Volleyball







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# **58 DAYS UNTIL TRYOUTS**

#### by Chad Rutkowski, Head Coach

With the start of June means the start of the season - well, almost! As we currently work with the Sylvania Schools and the administration of Northview High School, we want to assure all parents and athletes that we are doing our due diligence to make sure that our gym continues to be a safe haven for your daughter to fulfill their love of the game of volleyball.

As we inch closer to my favorite day of the year - Tryout Day, August 1st - we are all preparing for the season in our own ways. While we all remain optimistic, there is uncertainty in all of us - this is very real and understandable. Continue to spread positivity, hope, encouragement, and kindness to each other.

The July Edition of Chalk Talk will have Thursday Night League information as well as Asics Summer Slam information for the July 25 and 26 tournament weekend!

From our entire staff, we can not express how excited we are to be back in the gym and hope that you will join us in the prep for the 2020 volleyball season! It will be here before we know it. Have a wonderful month a June!

Go Cats! Point Northview!



## 2020 SUMMER CAMP

We are excited to host the Asics Summer Site camp at Sylvania Northview High School! Our site camp registration link is live on the website using the link below.

The dates/times of your camp is as follows:

- July 29 31 at Sylvania Northview High School
- \$175.00, 3 Day HS Camp & \$75.00 3 Day MS Camp
- 9-11:30 AM HS Session 1 | 11:30-12:15 Lunch | 12:15-2:15 PM HS Session 2 | 2:30-4:30 PM JH Camp
- The price of HS camp is \$175.00 and will automatically go up to \$200.00 on July 1st to ensure that players register so we can staff accordingly. Each time a player registers, our coaching staff will receive a copy of their registration. That way, we can track how many have registered and who has or has not. The icon below is linked to your camper registration page.



Northview
Volleyball is
built on the
following core
values: Skill
Development,
Commitment,
Sacrifice,
Responsibility,
Accountability,
Dedication, and
Perseverance.

## OHSAA PHYSICALS

This year, Dr. Mickey Frame, of Frame Acupuncture and Chiropractic, will offer Physical Examinations for Northview Volleyball players for \$25.00 per athlete. As a kind supporter of Northview Volleyball, Dr. Frame donates all money collected for Physical's back to Northview Volleyball. To schedule a physical with Dr. Frame, please call (419) 475 9355. All exams will take place at 3829 Woodley Rd, Toledo, OH 43606. As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.)

<u>Click here to access this year's Physical Form.</u> If you have a physical form completed, you can either bring it with you to a summer session or you can scan and E-mail it to Coach Chad to be filed.



# **CALENDAR & DATES**

Please subscribe to the Northview Volleyball calendar online:

- Computers and Mobile Devices click here.
- Please use this link and this link only to view the official calendar for Northview Volleyball.
- If you are having trouble, please contact (419) 392-5669.

Important Dates to Save for the 2020 Season:

- June 8 (NEW DATE) Summer programming will begin. Please refer to the calendar for our full schedule throughout the summer and fall. As things continue to evolve, we will continue to communicate with each of you.
- **June 26 July 5** There will be no volleyball! Enjoy your time with family during the 4th of July.
- **July 9, 16, 23, 30** Thursday Summer League (all players will participate each week) At Premier Academy from 6:00 P.M. 9:00 P.M.
- July 25 and 26 Asics Summer Slam Tournament, Times TBD at Premier Academy
- July 29, 30, 31 Summer Site Camp held at Northview High School from 9:00 A.M. to 2:15 P.M. Junior High Camp will be held from 2:15 P.M. to 4:15 P.M.o You must register for this site camp online and this will be sent directly to you. You will need to register and pay for this camp by June 1, 2020.
- August 1 Tryouts One Day Only from 9:00 A.M. to 10:30 A.M. (Session #1) and 11:00 A.M. to 1:00 P.M. (Session #2). Athletes will be required to attend both sessions.
- August 2 Spirit Wear Order Due. This will be E-mail to you by June 7, 2020.

## SPIRIT WEAR

In the coming days, we will send a separate E-mail with the 2020 Spirit Wear order form. Please review that content as soon as possible and send back the Excel spreadsheet that we will send to you. We will order only those orders for individuals that make the program after August 1, 2020 Tryouts. Orders will be placed first thing on the morning of August 2, 2020 and payment for these items will be due on August 3, 2020.

If you are a returning player to the Northview Volleyball program and are not going to order any new gear for 2020, please E-mail Coach Chad Rutkowski directly so you can be accounted for.





# FINAL FORMS

This year, as in years past, The Sylvania Schools will be utilizing FinalForms to collect all information needed for each athlete to participate in their respective sport. If you have not signed up already for a FinalForms account, please visit <a href="https://sylvania-oh.finalforms.com/">https://sylvania-oh.finalforms.com/</a> and create a new account. If you already have an exisiting account, please sign in and make sure that all information is updated and applicable for the 2020 school year.

# AT-HOME WORKOUTS

As promised, the "at home volleyball training" that can be done with simply with a ball and a wall. This is a great way to stay in active with the sport, no partner needed. If you have any questions on this, please do not hesitate to reach out to our coaches and we will help your athlete. For reference, this will be re-sent to all via our team GroupMe.

# **WEBSITE CONTENT**

This off-season, we worked tremendously hard to digitize most of our information as well as create some new and exciting things for our program. Please visit our website (<a href="www.northviewwildcats.org">www.northviewwildcats.org</a>) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members, and new information will be posted soon!

We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

# THURSDAY NIGHT SUMMER LEAGUE

As we move closer to July, we will be playing in the Northview Summer League hosted at Premier Academy on Thursday's in July from 6:00 P.M. to 9:00 P.M. All athletes will be communicated with whom they will be playing with on those selected nights. We will have communication out to the athletes by the end of June regarding these league nights.











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